

A Story a Mom Will Never Forget

Instructions:

Listen to the story the way that best suits your needs by clicking on the links. As you listen to the story have the hand out on page 2 right in front of you. Print it off and make sure you fill in the answers with written word from a pen. That part is important.

For Downloading.

- [0. The intro](http://thisrocks.audioacrobot.com/download/7b18b22a-6ada-f9f3-4e39-26851d2ce358.mp3) [http://thisrocks.audioacrobot.com/download/7b18b22a-6ada-f9f3-4e39-26851d2ce358.mp3](#) ←click here
- [1. When life started](http://thisrocks.audioacrobot.com/download/6981ffde-d82e-a764-b00f-837749e416f6.mp3) [http://thisrocks.audioacrobot.com/download/6981ffde-d82e-a764-b00f-837749e416f6.mp3](#) ←click here
- [2. Why troubled people are so troubled](http://thisrocks.audioacrobot.com/download/296ad96d-b615-ede2-6686-bf60e126f901.mp3) [http://thisrocks.audioacrobot.com/download/296ad96d-b615-ede2-6686-bf60e126f901.mp3](#)
- [3. When it started](http://thisrocks.audioacrobot.com/download/08ad7dbe-1484-c26c-ef11-b9931cbc9375.mp3) [http://thisrocks.audioacrobot.com/download/08ad7dbe-1484-c26c-ef11-b9931cbc9375.mp3](#) ←click here
- [4. The surrender](http://thisrocks.audioacrobot.com/download/e6c473eb-9ce1-abdf-92bd-c1db5306d48f.mp3) [http://thisrocks.audioacrobot.com/download/e6c473eb-9ce1-abdf-92bd-c1db5306d48f.mp3](#) ←click here
- [5. Why the success](http://thisrocks.audioacrobot.com/download/c7e96d71-4e99-1447-f242-bc88d8a11ad1.mp3) [http://thisrocks.audioacrobot.com/download/c7e96d71-4e99-1447-f242-bc88d8a11ad1.mp3](#) ←click here
- [6. How I got to today](http://thisrocks.audioacrobot.com/download/74643328-b78e-d2d1-6f31-fbbf8037f509.mp3) [http://thisrocks.audioacrobot.com/download/74643328-b78e-d2d1-6f31-fbbf8037f509.mp3](#) ←click here
- [7. My mom's talk](http://thisrocks.audioacrobot.com/download/52892efd-fde1-8f9d-eb10-d7d057e751db.mp3) [http://thisrocks.audioacrobot.com/download/52892efd-fde1-8f9d-eb10-d7d057e751db.mp3](#) ←click here

(secret conversation my mom had with me that caused me to take responsibility for my life. DO NOT skip to this track before listening to the previous tracks)

[try this one](#)

For listening online:

- [0. Intro](http://www.audioacrobot.com/play/WNh490VQ) [http://www.audioacrobot.com/play/WNh490VQ](#) ←click here
- [1. When life started](http://www.audioacrobot.com/play/WBHRWHO) [http://www.audioacrobot.com/play/WBHRWHO](#) ←click here
- [2. Why troubled people are so troubled](http://www.audioacrobot.com/play/WD3gbCgQ) [http://www.audioacrobot.com/play/WD3gbCgQ](#) ←click here
- [3. When it started](http://www.audioacrobot.com/play/WWCsBVQ) [http://www.audioacrobot.com/play/WWCsBVQ](#) ←click here
- [4. The surrender](http://www.audioacrobot.com/play/WXvJSYgQ) [http://www.audioacrobot.com/play/WXvJSYgQ](#) ←click here
- [5. Why the success](http://www.audioacrobot.com/play/W6npN9GQ) [http://www.audioacrobot.com/play/W6npN9GQ](#) ←click here
- [6. How I got to today](http://www.audioacrobot.com/play/W1fqpO6Q) [http://www.audioacrobot.com/play/W1fqpO6Q](#) ←click here
- [7. My mom's talk](http://www.audioacrobot.com/play/WsM0916Q) [http://www.audioacrobot.com/play/WsM0916Q](#) ←click here

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Tom's Audio Work Sheet

1. Why troubled people are so troubled?

2. Why troubled people struggle with change?

3. What keeps some people always moving forward when others quit trying?

Notes for each track:

What about this track stands out for you and your child that is struggling?

What's about this track struck you as "making perfect sense"?

- 1.

- 2.

- 3.

- 4.

- 5.

- 6.

Track 7 is a very special track.

- What about track 7 scared you as a parent?
- What about track 7 inspired you as a parent?
- What about track 7 reveals something about your parenting that hasn't been effective.

See Next Page.

If something about this audio strikes you as relevant to your family or people in your life, what you are going through, what you do not want to go through, then I invite you to contact me so we can talk in person, one on one, so I can hear your story too.

We will see if a strategy session is a good fit for you.

Tom Barthel

tom@streetsmartcounselling.com or 403-391-4184
and leave a message.

Email is preferred for first contact.