

Family Services Staff!

Have you ever noticed that teenagers aren't what they used to be?

Learn from an **ex-drug user & dealer** what helps and what doesn't.

Even good family services staff can get the feeling that parents have lost the skills to teach their children and passed off the responsibility of **“raising them”** to organizations like your own. Have you ever had the feeling that teens these days don't know as much respect as they used to? That they are more sexually promiscuous, have less acknowledgement of authority, and could use a lot more discipline in their lives? Tom Barthel founded Street Smart Counselling. He draws from his experience as a **drug dealer, drug user, and mentally ill person**. Now, leading a successful life, he shares with parents and family services staff what they need to know in regards to their children. This way they will know what to do, and what not to do, and what can be done to **prevent addiction, teenage troubles**, and help people with **mental illness**.

Have you ever had the feeling a lot of time and money are spent on strategies that kids don't respond too? Wouldn't it be nice instead of having a text book answer someone came out and said things the way they really are? Learn what only years of real life experience can offer.

www.streetsmartcounselling.com

“Protect Your Kid From Troubles”

Happens in three stages:

“Professional Development” speech for agency staff: A hands on approach for agency staff to cause “change” in client's behaviour and strengthen the relationship with clients. This is designed to happen well within existing agency policy.

“Choices” for young people: An “out of the box” presentation that inspires kids to make conscious choices for themselves instead of reacting naively to the world around them.

“Protect Your Kid From Troubles” for Parents: A powerful and dramatic presentation that gives the truth on how good kids go bad. How it begins and why it spirals out of control. Then it compellingly explains why parents are at the heart of all children, and are also at the heart of the solution. This is for parents and staff.

Get all 3 groups of these people moving in the same direction, and you could be making a difference you can measure, and see with your own eyes.

Contact Tom **403-391-4184** or tom@streetsmartcounselling.com

Street Smart Counselling Presents

Professional Development for Family Services Staff

A staff member's greatest exhaustion:

- Looking at a troubled client and wondering if anything the staff has done, has positioned this client for success.

A staff member's second greatest exhaustion:

- Having to have the same conversations with a client over and over again, while talking about the same mistakes the client makes in the same way they did last time.

The greatest naivety a staff member can have:

- I did what my programming allows me to do, that's all I can do, and the rest is up to the client.

Part 1: How Addiction, Mental Illness, and Troubles Really Work

The Power of Choice

- **A story of a promising young life turned tragedy, a dramatic turn around, and inspiring rise to success that no staff member will ever forget.**
 - This story outlines an experience that any person suffering from addictions can relate to. People who have recovered from addictions unanimously agree that the truth is being spoken here.
 - This story comes with 3 main learning lessons for parents, school teachers, and family services workers.
 - When this story gets told, people hang off every word because of how relevant it is to their own experience.
- **A Myth about drug use and mental illness that adults typically have and how that myth is putting the client at more risk.**
 - This myth is contrary to the stereotypical beliefs about drug use that many parents have traditionally had and that many clinically trained professionals have adhered to in the past. This applies to mental illness as well.
- **The power of choice explanation.**
 - A unique perspective on the power of choice, and how greatly underestimated it is.
 - A lesson on the first mistake people will make when trying to empower suffering people with the power of choice.
 - A very simple and easy explanation of a “**secret weapon**” that has been used for thousands of years during human history that causes people to wake up to the power of choice in themselves.

Part 2: The First Driving Force To Recovery:

The Relationship With Your Client

- **The first action you need to take to prevent troubles and recover clients.**
 - A special relationship technique that clearly explains why parents and staff members might not be the problem, but are definitely the “solution” to the child’s struggles. This technique is an absolute priority as a first action to take recovering a client from troubles.
- **One prevention task that you can start as early as 6 years old.**
 - Employ this strategy (that no doctor will teach you) while interacting with your client that psychologically builds resilience to addiction and mental health issues. This strategy is more refined and can be used on children as early as 6 years old and on full grown adults. It is also for helping an addicted or mentally ill person recover but is specifically designed for preventing a problem from getting worse.

Part 3: The Second Driving Force To Recovery:

Boundaries

- **How boundaries with your client can recover and prevent mental health and addiction issues.**
 - To contrast how not having ‘boundaries’ can lead to vulnerability, dysfunction, and mental health problems, and how having “boundaries” leads to resiliency in your client’s personality and character strength. This is the greatest gift a staff member can give a young person.
- **How to set boundaries that teach clients, not punishments that drive them away.**
 - How to identify the difference between a “boundary” and a “punishment”. Understand why boundaries teach your client to improve and punishments can drive them away. How to deliver boundaries and create them for any situation that might come up between you and your client.
 - How “boundaries” can save the staff member from a dysfunctional situation as well. This comes with a special explanation of why some staff has such difficulty with “boundaries”.

Time frame:

- This program comes with a large built in “Question and Answer” period. This allows for the education to become customized for the unique challenges and programming your organization has.
- The program is intended for **1 day** in length, but can be condensed into a **1/2 day** session as well.
- There are plenty of handouts, take home material, and quick reference guides to give staff an immediate reminder of how to respond to a situation.