

# Strategy Session

For

# Parents

(New to Street Smart)

- Have you lost the mood for theories and concepts that don't technically move your family's life forward?
- Have you received solutions from professionals and the medical community that leave your instincts completely unsatisfied?
- Do you ever feel frustrated that after consulting "educated professionals" that nobody was able to actually tell you **"what to physically do"** about your struggling child?

Then it is time to create a plan that removes uncertainty and confusion and gives you very clear action steps that you can begin within hours of learning them.

"Think of everything in this world, and your life that has gone well. Notice that "Action" was the direct cause of all of it."

Tom Barthel

See next page for overview:

## In our time together, we will take on:

### **1. Observing the “big picture” of your problem:**

- a. What are the symptoms of the problem you are facing?
- b. Is that different than the underlying problem?
- c. What is the true level of communication between you, your partner, and your child?

### **2. Where your family is at right now:**

- a. What are the unique details of where your family is at right now?
- b. Do you have no problem at all but you would like to prevent one?
  - i. Or do you have a growing concern that you want to keep from spiralling out of control?
  - ii. Or are you in flat out crisis?
- c. How I can meet your needs at this exact point in time to get you to the next milestone of success.

### **3. The driving forces behind the problem:**

- a. “Who” and “What” are the forces driving this problem you have.
- b. Why are they doing that, and where is the effective place to get started addressing them.

### **4. The solutions to remedy those driving forces:**

- a. What we can do that ignores the symptoms, and start to remove the underlying issue.
- b. Where those resources are found, who has them, how to obtain them for yourself.

### **5. The “Big Picture Map” for the long term:**

- a. A 5-10 year road map so you can understand the relevance of everything that matters now, what will matter later on, and what you shouldn't be doing because it doesn't matter in the long run.

### **6. A step by step action plan for the short term:**

- a. An action step starting with the first night after our session together, followed by chronological action steps for the following 4-5 weeks.
- b. This will transition into the long term plan.

**Call Tom now to speak in person. Let him listen to your needs.**

**403-391-4184**

**Share this with as many families in need as you feel comfortable.**